

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Tieghem Kristof

Coaches: Debeuckelaere Sindy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 50M BACKSTROKE MEN					Heat:4, starttime: 09:40	
Heat: 4/7 Lane : 5 Athlete: DRUANT ANDREAS					Q-time: 00:27:84	
PB (25m pool): 27.84 Gent 10 Nov 2024					PB (50m pool): 28.50 SB:	
	2 5 M		5 0 M			
PB			27.84			
	27.84					
						

Coach feedback:

Event number: 17: 50M BACKSTROKE MEN						Heat:6, starttime: 09:40	
Heat: 6/7 Lane : 2 Athlete: DE CRAEMER CAS						Q-time: 00:26:99	
PB (25m pool): 26.99 Ettelbruck (LUX 20 Apr 2025						PB (50m pool): 28.22 SB:	
	2 5 M		5 0 M				
PB			26.99				
	26.99						
							

Coach feedback:

Event number: 18: 100M BACKSTROKE WOMEN					Heat:3, starttime: 09:50	
Heat: 3/6 Lane : 7 Athlete: MIGOM LOBKE					Q-time: 01:06:74	
PB (25m pool): 1:06.74 Zwevegem 11 May 2025					PB (50m pool): 1:10.18 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		32.40		1:06.74		
	32.40		34.34			
						

Coach feedback:

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: ZB

Event number: 21: 50M BREASTSTROKE MEN							Heat:5, starttime: 10:20	
Heat: 5/8 Lane : 2 Athlete: THYVELEN WOUT							Q-time: 00:30:41	
PB (25m pool): 30.41 Ettelbruck (LUX 20 Apr 2025							PB (50m pool): 31.16 SB:	
	2 5 M		5 0 M					
PB			30.41					
	30.41							
								

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN					Heat:2, starttime: 10:30		
Heat: 2/6 Lane : 1 Athlete: EECKHOUT FLEUR					Q-time: 01:16:12		
PB (25m pool): 1:15.71 Diksmuide 11 Oct 2025					PB (50m pool): 1:20.15 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		35.32		1:15.71			
	35.32		40.39				
							

Coach feedback:

Event number: 23: 200M MEDLEY MEN					Heat:2, starttime: 10:40			
Heat: 2/4 Lane : 7 Athlete: THYVELEN WOUT					Q-time: 02:11:22			
PB (25m pool): 2:11.22 Ettelbruck (LUX 20 Apr 2024					PB (50m pool): 2:16.52 SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		28.81		1:03.03		1:41.04		2:11.22
	28.81		34.22		38.01		30.18	
								

Coach feedback:

Event number: 24: 50M BUTTERFLY WOMEN							Heat:3, starttime: 10:50	
Heat: 3/6 Lane : 7 Athlete: EECKHOUT FLEUR							Q-time: 00:29:53	
PB (25m pool): 29.53 Ettelbruck (LUX 20 Apr 2025							PB (50m pool): 30.68 SB:	
	2 5 M		5 0 M					
PB			29.53					
	29.53							
								

Coach feedback:

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: ZB

Event number: 25: 100M FREESTYLE MEN					Heat:3, starttime: 11:00
Heat: 3/9 Lane : 3 Athlete: DE CRAEMER CAS					Q-time: 00:53:31
PB (25m pool): 53.31 Ettelbruck (LUX 20 Apr 2025					PB (50m pool): 55.68 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		25.93		53.31	
	25.93		27.38		
					

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:7, starttime: 11:05
Heat: 7/9 Lane : 6 Athlete: DRUANT ANDREAS					Q-time: 00:50:73
PB (25m pool): 50.73 Ettelbruck (LUX 20 Apr 2025					PB (50m pool): 52.33 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		24.34		50.73	
	24.34		26.39		
					

Coach feedback:

Event number: 27: 4x50M FREESTYLE MIXED							Heat:2, starttime: 11:10
Heat: 2/2 Lane : 8 Athlete: TEAM ZB 1							Q-time: 01:43:66
PB (25m pool):							PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB							
							

Coach feedback: